

Return to Play: COVID Protocols 2022-2023



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DOCUMENT CONTROL

Version	Date	Change	Change by
1.0	October 2022	Initial Version	
2.0		Mandatory masking	
3.0	Dec. 2022	Masking mandate changed to recommended & cleaning updates, concierge/bar closing added	

PREFACE

The Cumberland Curling Club remains committed to the health and well-being of its members and volunteers as the Club reopens for the 2022-2023 season. The Club retains a COVID policy and protocol in line with applicable authorities.

Please find below the protocols that will be in place for the start of the 2022-2023 season based on the current guidance of provincial and local authorities, and the curling governing bodies (CurlOn and Curling Canada). **These protocols and guidelines are subject to change at any time. Members are responsible to check Club resources and their email to stay updated on the latest protocols.**

HYGIENE

- ◆ All members, renters or those trying curling for the first time, will be required to sign:
 - Assumption of Risk Form or Waiver (signed by adults on behalf of minors)
 - Declaration of Compliance: COVID-19
 - Curling Canada Informed Consent and Assumption of Risk Agreement
 - Curling Canada Release of Liability, Waiver of Claims and Indemnity Agreement
- ◆ Respect the choice of others for physical distancing and masking.
- ◆ Keep your hands clean. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizer.
- ◆ Avoid touching your eyes, nose, and mouth.
- ◆ Cough or sneeze into the bend of your arm. Afterwards, clean or sanitize your hands.

MASKS

- ◆ **Mask use is strongly recommended in all warm areas and on the ice.** Ottawa Public Health is strongly recommending mask use in all indoor public settings and crowded outdoor settings to help limit transmission and reduce risks for severe illness requiring hospitalization. (updated)
- ◆ Mask information: [Ottawa Public Health website](#)

SELF-SCREENING FOR SYMPTOMS

- ◆ Players and volunteers should self-assess for symptoms prior to **every visit** to the Club. (see poster at Club or [this link](#)).
- ◆ If members, volunteers, or anyone in your household have symptoms, you are not permitted to enter the Club.
- ◆ By entering the Club, you are attesting that you are symptom-free.

VACCINATION

- ◆ Vaccination remains **highly recommended**. (Ottawa Public Health).

- ◆ For more information: [Frequently asked questions about COVID vaccine.](#)

CLEANING PROTOCOL

- ◆ The Club will provide volunteers with any cleaning personal protective equipment (PPE) recommended by health and safety guidelines, and with training to ensure it is used correctly.
- ◆ Cleaning volunteers will be provided the necessary facilities and cleaning products to maintain a clean and safe environment.
- ◆ A detailed checklist will be provided to the cleaning volunteers to use.
- ◆ A log of all cleaning activities will be available (booklet).
- ◆ Will use Health Canada/Public Health recommended cleaners, disinfectants that are likely to be effective for use against COVID-19.
- ◆ Touchless hand sanitizing dispensers will be placed at:
 - Main entrance
 - Ice entrance
- ◆ Alcohol-based sanitizers will be available throughout the Club.
- ◆ Soap and paper towels will be available in the washrooms. Supplies will be verified daily.
- ◆ Daily (game days only) cleaning overview:
 - Rocks prior to each game
 - Equipment after use (i.e., crutches, brooms, sticks, ...).
 - ★ There is an itemized list located on the ice-side automated hand sanitizer stand.
- ◆ Upon completion of their game, the losing team will clean the ice (as they have done previously) and the designated team (*as outlined in the game schedule*) will clean downstairs high touch surfaces prior to leaving the Club or moving upstairs.

CURLING CONCIERGE

- ◆ A Curling Concierge(s) is assigned for every night. Curling Concierges are to refer to the Concierge handbook (available at the bar and [online](#))
- ◆ Curling Concierge(s) are to follow the COVID and masking protocols of the Club.
- ◆ In the event the Curling Concierge(s) doesn't show up, assign 1-2 people to fulfill the role as Concierge, otherwise the lounge will be **closed for that evening**.
- ◆ Curling Concierge(s) refer to the schedule for arrival time for nights, Tuesday to Friday.
- ◆ Bar area will be cleaned every night before opening and per the Concierge Checklist (see Concierge document, available at the Bar and on the [Club Website](#)).
- ◆ Curling Concierge(s) will clean the lounge tables between groups and before closing the Club. (revised)
- ◆ The Curling Concierge(s) will assist in player movement to make room for the next set of players coming into the Club (if applicable).
- ◆ Curling Concierge(s) are responsible for cleaning the lounge / bar area prior to closing.
- ◆ Curling Concierge(s) are responsible for closing the Club. The Curling Concierge will be the last to leave the Club. (revised)

LOUNGE; FOOD AND BEVERAGE

- ◆ Only the use of plastic disposable glassware is authorized.
- ◆ Maximum of 2 people behind the bar at any time.
- ◆ Last call is at 11.30 p.m. (new)
- ◆ The Club closing time is 12.15 a.m. (new)
- ◆ Kitchen will be closed until further notice.
- ◆ Players cannot serve themselves food and/or beverages (excluding coffee). Food and Beverage Service can only be provided by the Curling Concierge(s).
- ◆ For non-alcoholic drinks: Water bottles / Gatorade / juices will be available for purchase at the bar. Otherwise, for non-alcoholic beverages, players will have to bring their own container/drink (e.g., water cooler is unavailable).

CURLING EQUIPMENT

- ◆ Stone handles must be sanitized at the end of each draw. This is the responsibility of the skip.
- ◆ Interchanging of stones during a game is not recommended. It is recommended to minimize the touching of handles of stones during placing of stones.
- ◆ Players that borrow equipment for league play will be required to sanitize that equipment after use. This is to be enforced by the skips.
- ◆ Other players can prepare stones for other players in the team if they are able to do it without touching the stones with their hands.
- ◆ Measuring equipment: The measuring player needs to sanitize their hands prior to equipment use, conduct measure, return the measuring device to its normal location, and sanitize their hands again. The measuring equipment needs to be sanitized after use.
- ◆ Rental equipment (sliders, brooms, and crutches) must be disinfected after each use by the renters.

PLAYING THE GAME

- ◆ Players who shave/nip the ice before the game must sanitize the equipment they use.
- ◆ Instead of a handshake, use either a fist pump or give a broom tap prior to the start of the game.
- ◆ Stone colours and hammer for the first end will be predetermined and listed on the schedule.
- ◆ The standard rules of curling will apply (per [Curling Canada rules of curling 2022-2026](#))
 - Should teams wish, at their discretion level due to physical distancing, masking, etc., they may decide to limit their sweepers down the ice or in the house. This is the choice of the team and they may wish for this to be discussed between teams before the game starts.
- ◆ All players, when not sweeping or 'in play' should be positioned out of the house while the other team is throwing a rock. Players may stand between sheets 1 and 2. Pre-placed markings on the edge of the ice will remain as guidance on where to stand.
- ◆ Sanitizing the scoreboard numbers is required after each game.

- ◆ Games will have a maximum of 8 ends or 2 hours, whichever comes first (unless there is no scheduled game after your game on the same sheet) (except for Daytime curling, see Daytime bullet below).
- ◆ Players who clean the ice after the game must sanitize the equipment they use (i.e., broom, shovel, etc.).
- ◆ The spare policy remains the same, whereas players seek spares in this sequence:
 - First people on the spare list and bye team
 - Other Club members
 - Friends or family; non-members
 - The spare fee of \$25 applies to all spares who are not members of the Club.
- ◆ **Daytime curling:**
 - Games will be 8 ends unless there are 2 games.
 - Teams will arrive a maximum of 15 mins. prior to the scheduled start time of their game.
 - Teams will prepare the ice for both sheets.
 - Teams will sanitize the rocks for their own sheet only.
 - Teams will be responsible for the sanitization of the used equipment and the facilities downstairs.

ICE-MAKING EQUIPMENT

- ◆ Volunteers pebbling the ice between games are to sanitize the pebbling can after each usage.
- ◆ Individuals nipping the ice are to sanitize the nipper handles after each use.

EVENTS / RENTALS

- ◆ Tournaments, bonspiels, and events will resume.
- ◆ Rentals will resume.

GLOSSARY

- ◆ **Curling Concierge(s):** This is the important volunteer(s) that is pre-designated/assigned to attend an evening of draws who will be responsible for the bar, people flow, cleaning, and other tasks.
 - Schedule has been posted in the lounge and sent to the Skips.
 - Curling Concierge's responsibilities and Square Terminal / Cash register operation guide are located beside the cash register in the bar area and is available in the Members' Area of the website.

Thanks for your understanding and assistance in helping us keep the Club open while ensuring the health and well-being of our members. It is critical that everyone volunteers given the current protocols and restrictions.

RESOURCES

Government of Ontario (e.g., legislation, public health and advice notices, websites; publications; announcements; news releases; etc.)

Ministry of Health, Health Canada

Ottawa Public Health (e.g., orders, special statements, instructions, operational guidance, etc.)

CurlION

Curling Canada

Happy Curling!!!